

PREPARING FOR YOUR VIRTUAL VISIT

Your Marshall Health provider offers the convenience of virtual visits. All you need is a reliable internet or cellular connection and a smartphone, tablet or computer with a camera and speaker. Ask your provider if telehealth is an option for you. When the time comes to start your visit, follow the step-by-step instructions on the [Starting Your Telehealth Visit](#).

Tips for your visit:

- ▶ Find a quiet space with good lighting and a simple background.
- ▶ Make sure the volume is turned up on your device.
- ▶ Hold or place your device at face level.
- ▶ Do not eat or drink during your visit.
- ▶ Do not attempt a visit while driving or operating any kind of machinery or vehicle.
- ▶ Find an area with good cellular or internet connection. Wi-Fi is best.
- ▶ You may invite a family member to join you or assist in your visit.
- ▶ Have your medication list and at-home vital signs monitoring information on hand, if applicable.
- ▶ Have questions prepared and report any difficulties you are experiencing.
- ▶ Determine if your next visit will be virtual or in person.
- ▶ Take notes as needed. Have pen, paper and other materials ready.

If you have difficulty connecting to your visit, please contact your provider's office for assistance.



Marshall Health